MATSU
ASIAN FUSION RESTAURANT

INGREDIENTS AND ALLERGENS

START:

CRISPY PRAWNS
Ingredients: Pacific ***prawns*** (0.13 kg), ***panko breadcrumbs*** (0.05 kg) (***wheat flour***, vegetable oil (palm oil, palm stearin), sugar, yeast, salt), ***tempura mix*** (0.05 kg) (cornstarch, ***wheat flour***, rice flour, salt, glutamate, spices), sunflower oil (0.03 L), ***wasabi mayo*** (0.04 kg) (***mayonnaise***, rice vinegar, ***wasabi***), lime (0.025 kg), spices (0.002 kg)
ADDITIVES: E450, E500, E341, E327, E621, E200, E334, E330, E300, E133, E102*
***May have adverse effects on children's activity and attention.**
Allergens: crustaceans, gluten (wheat), mustard, eggs

EDAMAME
Ingredients: ***edamame*** pod (0.15 kg), olive oil (0.02 kg), salt (0.002 kg)
Allergens: soy

EDAMAME SPICY
Ingredients: ***edamame*** pod (0.13 kg), sriracha (0.01 kg) (chili, garlic, sugar, salt, vinegar), ***sesame*** oil (0.005 kg), ***soy*** sauce (0.005 L) (***soy, wheat,*** salt)
ADDITIVES: E202, E415
Allergens: soy, sesame, gluten (wheat)

SALMON TARTAR
Ingredients: ***salmon*** fillet (0.08 kg), tapioca ***prawn*** crackers (0.013 kg), avocado (0.02 kg), yuzu concentrate (0.02 L), ***ikura*** (0.005 kg) (***salmon roe***, salt), pea sprouts (0.01 kg), salt (0.001 kg)
ADDITIVES: E621, E330, E500
Allergens: fish, fish product, crustaceans, sulfites

TUNA TARTAR
Ingredients: ***tuna*** fillet (0.08 kg), tuna tartar sauce (0.02 kg) (sriracha, sugar, mirin), spring onion (0.005 kg), ***sesame*** mix (0.003 kg), ***sesame*** oil (0.005 kg), lemon pearls (0.001 kg), pickled daikon, pickled onion (0.01 kg), ***mayo wasabi*** (0.005 kg) (***mayonnaise***, rice vinegar, ***wasabi***), tapioca ***prawn*** crackers (0.013 kg)
ADDITIVES: E202, E415, E330, E621, E500, E200, E334, E300, E133, E102*, E460, E509, E401, E161b
***May have adverse effects on children's activity and attention.**
Allergens: fish, crustaceans, sesame, eggs, mustard, sulfites

TUNA TATAKI
Ingredients: ***tuna*** tataki (0.1 kg) (Yellowfin ***tuna***, salt), rice vinegar (0.015 L), daikon radish (0.02 kg), ***wakame seaweed*** (0.05 kg), (algae, corn syrup, black mushrooms, agar-agar, ***sesame*** oil, ***sesame*** seeds, sugar, vinegar, pepper, salt), ***ponzu sauce*** (water, ***soy, wheat***, salt, glucose (contains ***gluten***), dried ***tuna***, ***bonito*** powder, yeast extract, shiitake mushroom powder, dried algae), ***sesame seeds***
ADDITIVES: E331, E301, E500, E133, E406, E420, E621, E635, E102*
***May have adverse effects on children's activity and attention.**
Allergens: fish, sesame, soy, gluten (wheat)

HORENSO GOMAE SALAD
Ingredients: baby spinach (0.05 kg), ***tahini*** (0.03 kg) (rapeseed oil, water, sugar, ***tamari sauce*** (water, ***soy***, salt, vinegar), alc. vinegar, roasted ***sesame***, salt, flavorings, modified starch, dried porcini), ***sesame*** mix (0.005 kg)
ADDITIVES: E415
Allergens: sesame, soy

SOUPS:

CARROT AND GINGER SOUP
Ingredients: carrot and ginger soup (0.25 L) (water, carrots, coconut milk, coconut fat, sugar, pickled ginger, salt), fresh mint (0.001 kg)
ADDITIVES: E435, E260, E330, E202, E951*, E954, E955
***Contains aspartame, a source of phenylalanine**

TOM YUM KHA
Ingredients: Pacific ***prawns*** (0.052 kg), ***Tom Yum Kha*** (0.25 L) (tomato, sweet chili sauce, ***Tom Yum paste*** (***soybean*** oil, lemongrass, shallots, water, lemon juice, salt, chili, galangal, sugar, kaffir lime leaves, ginger), ***fish sauce*** (***anchovies***, salt, sugar), lemongrass, chili paste, ***dashi granules*** (salt, dried ***fish*** powder, sugar, yeast extract, maltodextrin), salt), coconut milk (0.01 L), lime**,** spring onion
ADDITIVES: E435, E260, E415, E950, E951*, E330, E160c, E211, E261, E635, E621
***Contains aspartame, a source of phenylalanine**
Allergens: crustaceans, fish, fish product, soy. May contain traces of celery.

MISO SOUP
Ingredients: ***miso soup*** (0.3 L) (water, brown mushrooms, sunflower oil, smoked ***tofu***, ***miso paste***, ***oyster sauce*** (contains ***wheat***), spring onions, ***dashi*** granules (***fish powder***)), ***wakame seaweed*** (0.001 kg) (algae, corn syrup, black mushrooms, agar agar, ***sesame oil, sesame***, sugar, vinegar, pepper, salt), ***sesame*** mix (0.004 kg)
ADDITIVES: E406, E420, E102*, E133, E511, E621, E150a, E635
***May have an adverse effect on children's activity and attention**
Allergens: soy, sesame, gluten (wheat), mollusks, fish product. May contain traces of mustard, celery, peanuts and nuts.

GYOZA:

PORK GYOZA
Ingredients: pork gyoza (0.1 kg) (cabbage, ***wheat*** flour, pork meat, water, pork fat, onion, salt, ***breadcrumbs***, garlic powder, ***wheat gluten***, ***soy*** sauce (***soy, wheat***, salt), ***sesame*** oil, starch, ginger powder), sunflower oil (0.02 L), ***teriyaki sauce*** (0.02 L) (***soy*** sauce (***soy, wheat***, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onion
ADDITIVES: E150a, E415, E955, E621, E631
Allergens: gluten (wheat), soy, sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

CHICKEN GYOZA
Ingredients: chicken gyoza (0.1 kg) (cabbage, ***wheat flour***, chicken meat, water, onion, salt, ***breadcrumbs***, garlic, ***wheat gluten***, ***soy*** sauce (***soy, wheat***, salt), ***sesame*** oil, starch, ginger powder, ***soy*** flour), sunflower oil (0.02 L), ***teriyaki sauce*** (0.02 L) (***soy*** sauce (***soy, wheat,*** salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onion
ADDITIVES: E150a, E415, E955, E621, E631
Allergens: gluten (wheat), soy, sesame

ROLLS:

VEGETABLE SPRING ROLLS
Ingredients: vegetable spring rolls (0.056 kg) (cabbage, carrot, red bell pepper, zucchini, red onion, ***celery***, sunflower oil, salt, ***pastry for rolls*** (***wheat flour***, coconut oil, salt, sodium caseinate (***milk***), wheat starch, maltodextrin), lime (0.02 kg), sweet chili sauce (0.035 kg) (sugar, chili, vinegar, garlic, salt, modified corn starch)
ADDITIVES: E415, E300
Allergens: gluten (wheat), celery, milk

SPRING ROLLS WITH PRAWNS AND CHICKEN
Ingredients: ***prawn*** and chicken rolls (0.064 kg) (minced chicken fillet, ***prawns***, cream ***cheese*** (pasteurized whole ***milk***, pasteurized ***cream***, sea salt), onion, salt, pepper, rice paper (tapioca flour, water, rice flour, salt), sunflower oil), lime (0.02 kg), ***tempura mix*** (0.03 kg) (corn starch, ***wheat flour***, salt, pepper), ***panko breadcrumbs*** (0.02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), sweet chili sauce (0.035 kg) (sugar, chili, vinegar, garlic, salt, modified corn starch)
ADDITIVES: E327, E500, E450, E621, E341
Allergens: crustaceans, milk, gluten (wheat)

BAO BUNS:

BAO BUNS PORK
Ingredients: roasted pork belly (0.09 kg), ***bao buns*** (0.09 kg) (***wheat flour***, water, sugar, vegetable fat (palm stearin), yeast), cabbage (0.05 kg), carrot (0.017 kg), ***mayonnaise*** (0.006 kg) (sunflower oil, ***mustard***, ***egg yolks***, sugar, iodized salt, vinegar, traces of ***milk***), ***mustard*** (***mustard seeds***, alcohol vinegar, sugar, iodized salt, garlic flavor, tarragon flavor), ***teriyaki sauce*** (0.03 L) (***soy*** sauce (***soybeans, wheat***, salt), sugar, high fructose syrup, alcohol, modified starch, salt), ***cream*** (0.015 kg), ***sesame*** oil, ***sesame***, spring onion, ***celery***, apple
ADDITIVES: E150a, E415, E202, E334, E200, E955, E500
Allergens: gluten (wheat), milk, soy, eggs, mustard, sesame, celer

BAO BUNS KATSU
Ingredients: chicken breast (0.03 kg), ***bao buns*** (0.09 kg) (***wheat flour***, water, sugar, vegetable fat (palm stearin), yeast), ***panko breadcrumbs*** (0.02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ***tempura mix*** (0.02 kg) (corn starch, ***wheat flour***, salt, pepper), cabbage (0.05 kg), carrot (0.017 kg), ***mayonnaise*** (0.006 kg) (sunflower oil, ***mustard***, ***egg yolks***, sugar, iodized salt, vinegar, traces of ***milk***), ***mustard*** (***mustard seeds***, alcohol vinegar, sugar, iodized salt, garlic flavor, tarragon flavor), ***cream*** (0.015 kg), mayo sriracha sauce (0.02 kg) (***mayonnaise***, sriracha, sesame oil), spring onion, ***sesame*** oil, ***celery***, apple
ADDITIVES: E500, E450, E327, E621, E341, E150a, E202, E334, E200, E415
Allergens: gluten (wheat), milk, eggs, mustard, sesame, celery

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

LOBSTER PROWN BAO BUNS

Ingredients: cooked ***lobster*** meat (***lobster salad mix***)(0,06 kg) (***surimi*** sticks 67% (***Alaska pollock***, ***Pacific hake***, moisture-retaining agent, stabilisers), water***, wheat*** starch, sugar, salt, flavourings (contains ***crustaceans***), rapeseed oil, powdered ***egg*** white, flavour enhancers, colourings, ***shrimp*** 30% (***shrimp***, water, salt, ***lobster*** tail)), ***bao buns*** (0,09 kg) (***wheat flour***, water, sugar, vegetable fat (palm stearin), yeast), ***sriracha mayo*** sauce (0,02 kg) (***mayonnaise***, sriracha, ***sesame oil***) (0,03 kg), Pacific ***prawns*** (0,110 kg), ***tempura mix*** (0,02 kg) (corn starch, ***wheat flour***, sol, pepper), ***panko breadcrumbs*** (0,02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), cucumber (0.03 kg), chili pepper (0,002 kg), ***green tobiko*** (***fish*** roe, sugar, salt, sweet sauce, rice, alcohol, ***soy*** sauce (***soy, wheat***, salt, water), wasabi oil) (0,002 kg), roasted ***hazelnut*** (0,01 kg), ***peanut*** (0,01 kg)

ADDITIVES: E102*, E120, E133, E160c, E170, E200, E202, E260, E327, E330, E334, E338, E341, E415, E420, E450, E451, E452, E500, E621, E631, E635

Allergens: gluten (from wheat), soy, sesame, fish, crustaceans, hazelnut, peanut, eggs. May contain traces of mustard.

KIDS MENU:

CHICKEN FINGERS

Ingredients: chicken breast (0.17 kg), ***panko breadcrumbs*** (0.015 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ketchup (0.035 kg), ***tempura*** mix (0.03 kg) (corn starch, ***wheat flour,*** salt, pepper), sunflower oil (0.03L), salt (0.002 kg), sushi rice (0.15 kg)

ADDITIVES: E500, E450, E621, E341, E327, E415, E202, E211

Allergens: gluten (wheat)

URAMAKI AGE EBI

Ingredients: ***prawns*** (0.04 kg), nori seaweed (0.0014 kg), ***miso mayonnaise*** (0.02 kg) (sunflower oil, water, ***mustard*** (water, ***mustard***, vinegar, sugar, salt), ***egg yolks***, sugar, iodized salt, vinegar, traces of ***milk,*** water, ***soy***, rice), sushi rice (0.1 kg), ***tobiko orange*** (0.001 kg) (***roe***, invert sugar syrup, salt, rice vinegar, ***soy*** sauce (water, ***soy, wheat***, salt)), roasted ***sesame*** mix (0.003 kg), ***wasabi paste*** (0.003 kg) (horseradish, ***mustard***, cornstarch, wasabi), pickled ginger (0.02 kg), ***tempura*** (0.02 kg) (cornstarch, ***wheat flour***, salt, white pepper), ***panko*** breadcrumbs (0.02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt)

ADDITIVES: E330, E300, E133, E102*, E334, E200, E202, E260, E951**, E954, E955, E163, E950, E450, E500, E341, E327, E621, E110*

***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**

Allergens: crustaceans, mustard, eggs, sesame, fish product, soy, gluten (wheat). May contain traces of milk.

BOWLS:

POKE SALMON

Ingredients: ***salmon fillet*** (0.1 kg), ***wakame seaweed*** (0.12 kg) (seaweed, corn syrup, black mushrooms, agar agar, ***sesame oil, sesame***, sugar, vinegar, pepper, salt), rice vinegar (0.019 kg), pickled ginger (0.02 kg), sushi rice (0.07 kg), ***edamame*** (0.02 kg), daikon radish (0.025 kg), ***sesame***

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E133, E406, E420, E102*

***May have adverse effects on children's activity and attention. **Contains aspartame, a source of phenylalanine**

Allergens: fish, sesame, soy

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

KATSU BOWL

Ingredients: chicken breast (0.17 kg), ***panko breadcrumbs*** (0.015 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ***tempura*** mix (0.03 kg) (cornstarch, ***wheat flour,*** salt, pepper), ***tonkatsu*** mix (0.05 L) (***tonkatsu sauce***, sugar, cinnamon), sushi rice (0.15 kg), kimchi (0.02 kg) (Chinese cabbage, water, radish, garlic, onion, chili, salt, carrot, ginger), pickled daikon (0.02 kg) (daikon, water, vinegar, sugar, salt, turmeric), cabbage (0.045 kg), ***sesame*** mix (0.005 kg), ***sesame*** dressing (0.02 kg), pickled onion (0.02 kg) (onion, water, vinegar, sugar, salt), pea sprouts (0.001 kg), spring onions, sunflower oil

ADDITIVES: E150a, E621, E450, E500, E341, E327

Allergens: gluten (wheat), soy, sesame

SALAD WITH CHICKEN AND PEANUTS

Ingredients: chicken fillet (0.12 kg), ***bulgur*** (0.08 kg), ***peanuts*** (0.03 kg), ***edamame*** beans (0.02 kg), spring onion (0.03 kg), bell pepper (0.04 kg), zucchini (0.06 kg), baby spinach (0.02 kg), carrot (0.02 kg), sunflower oil (0.04 L), rice vinegar (0.04 L), ***teriyaki sauce*** (0.03 L) (***soy*** sauce (***soy, wheat***, salt), sugar, high fructose syrup, alcohol, modified starch, salt), ***tonkatsu*** sauce (0.03 L) (high fructose corn syrup, alcohol vinegar, salt, tomato paste, sugar, modified corn starch, apple puree, spices, carrot, onion, ***traces of soy***), ***soy*** sauce (***soy, wheat***, salt)

ADDITIVES: E150a, E415, E955, E621

Allergens: gluten (wheat), peanuts, soy

TUNA LOBSTER BOWL

Ingredients: ***tuna*** fillet (0,09 kg), sushi rice (0,1 kg), ***Wakame seaweed*** (0,025 kg) (seaweed, sauce (corn syrup, black fungus, agar-agar, ***sesame oil, sesame***, sugar, vinegar, pepper, salt)), ***edamame*** beans (0,02 kg), pickled daikon (0,02 kg) (daikon, water, vinegar, sugar, salt, turmeric), pickled ginger (0,02 kg) (ginger, water), cucumber (0,02 kg), cooked ***lobster*** meat (***lobster salad mix***) (0,03 kg) (***surimi*** sticks 67% (***Alaska pollock***, ***Pacific hake***, moisture-retaining agent, stabilisers), water***, wheat*** starch, sugar, salt, flavourings (contains ***crustaceans***), rapeseed oil, powdered ***egg*** white, flavour enhancers, colourings, ***shrimp*** 30% (***shrimp***, water, salt, ***lobster*** tail)), ***sriracha mayo*** sauce (0,01 kg) (***mayonnaise*** (***mustard, egg*** yolks, sugar, iodized salt, vinegar, tartaric acid), sriracha (chili 56%, garlic, sugar, salt, distilled vinegar, preservative: potassium sorbat, stabilizer: xanthan gum), sesame oil), ***ponzu*** sauce (0,03 L) (***poke*** sauce (***soy, wheat, sesame***), ***oyster*** sauce (***wheat***), orange juice, sriracha, lemon juice (***sulfites***)), ***furikake*** (0,005 kg) (roasted ***sesame***, roasted seaweed), ***sesame*** (0,002 kg), pea sprouts (0,005 kg)

ADDITIVES: E102*, E120, E133, E163, E150a, E200, E202, E224, E260, E330, E334, E406, E415, E420, E450, E451, E452, E500, E621, E631, E635, E950, E951*, E954, E955

Contains aspartame (a source of phenylalanine)

Allergens: fish, molluscs, crustaceans, sesame, eggs, mustard, gluten (from wheat), soy, sulfites.

MAIN DISHES:

TERIYAKI SALMON

Ingredients: ***salmon fillet*** (0.18 kg), sushi rice (0.05 kg), ***edamame*** (0.02 kg), broccoli (0.06 kg), zucchini (0.06 kg), pepper (0.04 kg), carrot (0.05 kg), sunflower oil (0.01 L), rice vinegar (0.03 L), ***wakame seaweed*** (0.03 kg) (seaweed, corn syrup, black mushrooms, agar agar, ***sesame oil, sesame***, sugar, vinegar, pepper, salt), ***teriyaki sauce*** (0.04 L) (***soy*** sauce (***soy, wheat,*** salt), sugar, high-fructose syrup, alcohol, modified starch, salt), ***miso paste*** (water, ***soy***, rice, salt), spring onions, ***sesame***

ADDITIVES: E415, E406, E420, E955, E150a, E133, E102*

***May have an adverse effect on activity and attention in children**

Allergens: fish, soy, gluten (wheat), sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

BLACK COD

Ingredients: ***cod fillet*** (0.18 kg), carrot (0.08 kg), ***saikyo miso*** (0.07 kg) (water, ***soy***, rice, salt, sugar, glucose syrup, water, vinegar, fermented rice alcohol (water, rice, alcohol, salt, rice malt), sugarcane molasses), ***tempura mix*** (0.03 kg) (corn starch, ***wheat flour***, salt, pepper), wok base (0.02 kg) (carrot, white cabbage, red cabbage, red onion, leek), rice vinegar (0.05 L), sushi rice (0.05 kg), orange juice

ADDITIVES: E327, E330, E341, E450, E500, E621

Allergens: fish, gluten (wheat), soy

KOREAN FRIED CHICKEN

Ingredients: whole chicken breast (0,20 kg), ***Korean bbq sauce*** (0,05 L) (sugar, reduced-sodium ***soy*** sauce (***wheat***), water, ketchup, starch, Sambal Oelek hot tomato paste, chili, hot paste (***soy, wheat***), garlic, rice vinegar, ginger powder)), ***panko breadcrumbs*** (0,02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ***tempura mix*** (0,02 kg) (corn starch, ***wheat flour***, salt, pepper), ***peanuts*** (0,01 kg), roasted ***hazelnut*** (0,01 kg), sushi rice (0,140 kg), kimchi (0,02 kg) (Chinese cabbage, water, radish, garlic, onion, chili, salt, carrot, ginger), cucumber (0,03 kg), pea sprouts (0,005 kg)

ADDITIVES: E202, E211, E260, E327, E330, E341, E450, E500, E621

Allergens: soy, gluten (from wheat), peanuts, hazelnut. May contain traces of celery.

DAN DAN CHICKEN

Ingredients: vemixa Chinese ***noodles*** (0,130 kg) (***wheat flour*** 96%, water, raising agents, turmeric, salt), ***Dan Dan*** chicken (0,150 kg) (chicken thigh/drumstick, ***black bean and garlic sauce (soy, wheat***), light ***beer*** (***barley*** malt), sunflower oil, sugar, dark ***soy*** sauce (***wheat***), garlic), ***Dan Dan*** sauce (0,02 L) (***peanut*** butter, reduced-sodium ***soy*** sauce (***wheat***), sunflower oil, rice vinegar, honey, dark ***soy*** sauce (***wheat***), ***chili oil*** (***soy***), ***five spice*** seasoning (may contain traces of ***nuts, mustard and celery***)), Sichuan pepper, garlic, pasteurized golden Nameko mushrooms – flavoured (0,02 kg) (golden Nameko mushrooms, sunflower oil, salt, flavouring, spices (dried garlic, onion and parsley), antioxidant: ascorbic acid, acidity regulator: citric acid)), ***edamame*** beans (0,02 kg), ***peanuts*** (0,01 kg), chili pepper (0,002 kg), spring onion (0,015 kg), pea sprouts (0,005 kg)

ADDITIVES: E150a, E150c, E300, E330, E450, E500, E621

Allergens: gluten (wheat, barley), soy, peanuts. May contain traces of nuts, mustard and celery.

BEEF RENDANG

Ingredients: ***beef rendang*** (beef round, water, coconut milk, sautéed onion, ***fish*** sauce, sugar, red curry paste, ginger powder, sunflower oil, desiccated coconut, tamarind pulp, five spice seasoning (may contain traces of ***nuts, mustard and celery***), ground cinnamon, ground clove, ground cardamom, kaffir lime leaves)), sushi rice (0,15 kg), sour ***cream*** (0,01 kg) (***milk***), red chili pepper (0,005 kg), fresh ginger (0,005 kg), spring onion (0,004 kg), ***peanuts*** (0,01 kg), pea sprouts (0,005 kg)

ADDITIVES: E211, E330, E435

Allergens: fish, milk, peanuts. May contain traces of nuts, mustard and celery.

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

MATSU GRILL:

YAKITORI

Ingredients: chicken drumstick (0.17 kg), sushi rice (0.05 kg), rice vinegar (0.03 L), carrot (0.05 kg), ***edamame*** (0.02 kg), pepper (0.04 kg), broccoli (0.06 kg), zucchini (0.06 kg), sunflower oil (0.01 L), ***teriyaki sauce*** (0.04 L) (***soy*** sauce (***soy, wheat***, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onions, ***sesame***

ADDITIVES: E415, E955, E150a

Allergens: soy, gluten (wheat), sesame

YANG-GOGI

Ingredients: minced lamb (0.16 kg), zucchini (0.06 kg), broccoli (0.06 kg), paprika (0.04 kg), carrots (0.05 kg), sushi rice (0.05 kg), sunflower oil (0.04 L), rice vinegar (0.03 L), ***soy*** sauce (0.02 L) (***soy, wheat***, salt), ***edamame*** (0.02 kg), ***sesame*** oil (0.005 kg), ***granola*** (0.005 kg) (***oats***, sugar, vegetable oil, ***wheat*** flour, whole ***wheat*** flakes, glucose-fructose syrup, ***nuts*** (***almond, hazelnut, cashew***), honey, whole ***wheat oat*** flour, ***barley*** malt extract, salt, flavorings), ***ssamjang dip*** (0.015 kg) (water, ***wheat*** flour, corn syrup, ***soy***, salt, spicy paprika (red pepper, water, salt, garlic, onion), ***wheat***, alcohol, brown sugar, garlic, ***wheat*** extract, roasted ***sesame***, garlic oil, starter culture (Koji), ginger, mirin), pickled onion (0.01 kg)

ADDITIVES: E450, E300, E341

Allergens: soy, gluten (wheat, barley and oats), sesame, nuts. May contain traces of milk and peanuts.

WOK:

CHICKEN

Ingredients: chicken breast (0.13 kg), ***wok noodles*** (0.13 kg) (***wheat flour***), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.02 kg), cabbage (0.03 kg), pepper (0.03 kg), zucchini (0.02 kg), onion (0.02 kg), sunflower oil (0.04 L), sweet chili sauce (0.04 L) (sugar, chili, vinegar, garlic, salt, modified corn starch), ***peanuts, soy*** sauce (***soy, wheat***, salt)

Allergens: peanuts, soy, gluten (wheat)

BEEF

Ingredients: beef (0.13 kg), ***wok noodles*** (0.13 kg) (***wheat flour***), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.06 kg), ***edamame*** (0.02 kg), zucchini (0.05 kg), pepper (0.06 kg), sunflower oil (0.04 L), ***teriyaki*** sauce (0.04 L) (***soy*** sauce (***soy, wheat***, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), ***soy*** sauce (***soy, wheat***, salt), spring onions, ***sesame***

ADDITIVES: E150a, E415, E955

Allergens: gluten (wheat), soy, sesame

EBI

Ingredients: ***prawns*** (0.09 kg), rice noodles (0.13 kg), wok base (0.08 kg) (carrots, white cabbage, red cabbage, purple onions, leeks), carrots (0.02 kg), peppers (0.03 kg), broccoli (0.04 kg), zucchini (0.02 kg), curry paste (0.006 kg) (chili, lemongrass, shallots, garlic, salt, kaffir lime peel, galangal, cumin, coriander seeds), salt (0.004 kg), coconut milk (0.15 L), coconut chips (0.001 kg), lime (0.025 kg)

Allergens: crustaceans. May contain traces of sesame.

VEGE

Ingredients: ***smoked tofu*** (0.1 kg), rice noodles (0.13 kg), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.02 kg), pepper (0.03 kg), zucchini (0.02 kg), baby spinach (0.02 kg), sunflower oil (0.04 L), sweet chili sauce (0.04 L) (sugar, chili, vinegar, garlic, salt, modified corn starch), ***soy*** sauce (***soy, wheat***, salt), spring onions

ADDITIVES: E415

Allergens: soy, gluten (wheat)

DESSERTS:

MOCHI COCONUT

Ingredients: ***milk***, sugar, rice flour, water, ***cream***, dried coconut, *trehalose*,* skimmed ***milk*** powder, tapioca flour, salt, ***soy*** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415

Allergens: milk, soy. May contain traces of eggs, tree nuts, peanuts, sesame.

Average net weight: 32 g (1 pc)

MOCHI MANGO

Ingredients: ***milk***, mango puree, sugar, rice flour, water, ***cream***, *trehalose**, skimmed ***milk*** powder, tapioca flour, salt, ***soy*** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415, E160b

Allergens: milk, soy. May contain traces of eggs, tree nuts, peanuts, sesame.

Average net weight: 32 g (1 pc)

MOCHI PISTACHIO

Ingredients: ***milk***, sugar, rice flour, water, ***cream***, *trehalose**, ***pistachios***, honey-roasted ***pistachios***, skimmed ***milk*** powder, tapioca flour, spinach powder, salt, ***soy*** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415, E160b, E100, E141

Allergens: milk, tree nuts (pistachios), soy. May contain traces of other tree nuts, peanuts, and sesame.

Average net weight: 32 g (1 pc)

MOCHI WHITE CHOCOLATE

Ingredients: ***milk***, water, rice flour, sugar, ***white chocolate, cream***, brown sugar, trehalose*, ***butter***, colored ***white chocolate*** chips (***soy*** lecithin), tapioca starch, salt, natural flavoring. **Trehalose is a source of glucose.*

ADITIVE: E322, E160c, E471, E412, E407, E410, E466, E160b, E100

Allergens: milk, soy. May contain traces of nuts, eggs and peanuts.

Average net weight: 32 g (1 pc)

MOCHI RASPBERRY

Ingredients: ***milk***, sugar, raspberry puree 15%, water, rice flour, ***cream,*** *trehalose**, glucose syrup, ***milk*** powder, raspberry pieces, tapioca starch, beetroot powder, salt, ***soy***. **Trehalose is a source of glucose.*

ADDITIVES: E471, E412, E407, E410, E466

Allergens: milk, soy. May contain traces of nuts and peanuts.

Average net weight: 32 g (1 pc)

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

MOCHI CHOCOLATE
Ingredients: water, sugar, rice flour, glucose syrup, coconut milk, dark chocolate, emulsifiers: **soy** lecithin, mono- and diglycerides of fatty acids, vegan chocolate fudge pieces, chocolate, palm oil, thickener: cellulose, reduced-fat cocoa powder, vegetable oil, corn starch, salt, *trehalose*,* coconut oil, chicory root fibre, stabilisers: guar gum, locust bean, rice starch, tapioca starch, caramel paste, ground vanilla bean, **soy** powder. **Trehalose is a source of glucose.*
ADDITIVES: E322, E410, E412, E460, E471
Allergens: soy. May contain traces of milk, nuts, peanuts and egg.
Average net weight: 32 g (1 pc)

SWEET GOMA DARK CAKE
Ingredients: dark chocolate (cocoa, sugar, cocoa butter, ***soy*** lecithin, natural vanilla flavor), ***sweet cream***, ***milk*** (2.8% milk fat), ***tahini*** paste (roasted ***sesame*** seeds), glucose syrup, invert sugar, 100% beef gelatin, ***sesame***
ADDITIVES: E220, E322, E407
Allergens: milk, sesame, sulfites. May contain traces of soy and tree nuts.

MATCHA BOUNTY CAKE
Ingredients: brownie (0.085 kg) (sugar, ***butter, wheat flour***, pasteurized ***egg yolk***, pasteurized ***egg white***, dark chocolate (cocoa mass, sugar, cocoa butter, ***soy*** lecithin, natural vanilla flavor), baking powder, vanilla sugar, ***hazelnut***, ***milk chocolate***), ***milk*** (0.025 L), ***sweet cream*** (0.055 kg) (***milk***), powdered sugar (0.002 kg), coconut ***ice cream*** (0.05 kg), matcha powder (0.002 kg), coconut flakes (0.002 kg)
ADDITIVES: E202, E330, E322, E415, E450, E500 (ii), E407, E410, E412, E466, E417, E472b, E473
Allergens: milk, gluten (wheat), eggs, soy, tree nuts

COCONUT ICE CREAM
Ingredients: ***milk***, sugar, ***milk powder, sweet cream***, coconut ***ice cream*** base (dried coconut, sugar, dextrose, flavorings, ***skimmed milk powder***), ***ice cream*** base (dextrose, vegetable fats (coconut), skimmed ***milk*** powder, maltodextrins, salt, flavorings), chocolate sauce for ***ice cream*** (sugar, vegetable fats (sunflower, palm), ***hazelnuts***, skimmed ***milk*** powder, cocoa, flavorings), dried coconut, protein supplement for ice cream (***lactose, milk proteins,*** dehydrated glucose syrup, ***skimmed milk powder***)
ADDITIVES: E407, E410, E412, E466, E417, E472b, E473
Allergens: milk, tree nuts (hazelnuts). May contain traces of soy and other tree nuts.
Average net weight: 100 g (2 scoops)

MATCHA (GREEN TEA) ICE CREAM
Ingredients: sugar, ***milk, milk powder***, ***proteingel***, ***sweet cream, ice cream*** base (dextrose, vegetable fats (coconut), skimmed ***milk*** powder, maltodextrins, salt, flavorings), 100% green tea (matcha) powder
ADDITIVES: E407, E410, E412, E466, E417, E472b, E473
Allergens: milk. May contain traces of soy and tree nuts.
Average net weight: 100 g (2 scoops)

PISTACHIO CAKE
Ingredients: ***sweet cream***, ***white chocolate***, ***milk***, ***pistachio*** paste, sugar, cocoa butter, ***praline filling***, ***waffles***, ***pistachio***, glucose syrup, ***almonds***, ***biscuits***, ***butter***, cocoa, glaze, crunchy ***biscuit*** sauce, gelatin powder, ***pistachio*** praline filling, pectin, salt
ADDITIVES: E407, E322, E133, E307, E160c, E220, E500ii, E503ii, E296, E223, E330, E202, E331, E333, E471, E304, E306, E440ii, E450i E341
Allergens: milk, nuts (pistachio, almond), soy, gluten (wheat, barley), sulfites. May contain traces of sesame, peanuts and other nuts.
Average net weight: 110 g

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

LEMON PIE
Ingredients: ***pastry***, sugar, ***butter***, pasteurized ***egg white***, lemon puree, lime puree, pasteurized ***egg yolk***, ***crumble***, powdered sugar, agar-agar, beef gelatin powder
ADDITIVES: E322, E202, E330, E514, E304, E306
Allergens: gluten (from wheat), milk, eggs, soy, nuts (almonds), sesame, peanuts
Average net weight: 100 g

ELIOS (MANGO LEMON CAKE)
Ingredients: mango fila 20.4%, pasteurized sweetened exotic fruit puree, **white chocolate**, **sweet cream, milk** 2.8% milk fat, sugar, neutral glaze, **cocoa butter**, **Greek yogurt, glucose syrup**, **wheat flour**, **butter,** pasteurized sweetened lemon puree 1.8%, pasteurized **egg white,** pasteurized **egg yolk,** agar-agar, flower of salt, bovine gelatin, ground **almond**
ADITIVE: E160a, E202, E220, E300, E330, E331, E322, E407, E415
Allergens: gluten (wheat), milk, eggs, sulfites, nuts (almonds). May contain traces of soy.
Average net weight: 140 g

MARIGOLD CAKE
Ingredients: white chocolate, **sweet cream** 35% milk fat, **milk** 2.8% milk fat, passion fruit sauce, cocoa butter, **mascarpone** 87% milk fat, **pasteurized egg yolk**, **butter**, coconut flour, **waffles**, **almond paste**, sugar, mango filling, **pasteurized egg white**, mango puree
ADITIVE: E322, E407, E330, E202, E160c, E331, E300, E202, E160a, E415
Allergens: milk, nuts, soy, eggs, gluten, gluten (wheat, barley)
Average net weight: 150 g

AMARENO (CHERRY CAKE)
Ingredients: sweet cream 35% milk fat, frozen cherries, cherry puree, sugar, dark chocolate, **cherry with stem in syrup**, **pasteurized egg white**, **pasteurized egg yolk**, **almond flour**, **glucose syrup**, gelatin powder, cocoa, **wheat flour**, invert sugar, **butter**, **pectin**, red color, cornstarch
ADDITIVES: E407, E322, E163, E120, E330, E220, E202, E415, E440ii, E450i, E341ii, E555, E172
Allergens: milk, sulphur dioxide, eggs, soy, nuts, peanuts, sesame, celery, mustard
Average net weight: 150 g

REINA (RASPBERRY/CARAMEL CAKE)
Ingredients: sweet cream 35% milk fat, **white chocolate**, sugar, **milk** 2.8% milk fat, raspberry puree, **glucose syrup**, **almond paste**, **waffles**, **almond flakes**, **white chocolate**, **milk powder**, icing, **cocoa butter with raspberry aroma**, **pasteurized egg yolk**, lemon puree, gelatin powder, agar agar
ADDITIVES: E407, E322, E220, E160c, E330, E331, E333, E202, E471
Allergens: milk, nuts, soy, sulfites, almonds, gluten, eggs, barley (gluten)
Average net weight: 120 g

CREAM HAZELNUT ZERO GUILT
Ingredients: mascarpone cheese, hazelnut paste 17.8%, sweet **cream** with min. 35% milk fat, **dark chocolate** with min. 55% cocoa parts without sugar **(soy), milk** with 2.8% milk fat, **almond flour**, natural sweetener xylitol, **whole grain oatmeal, almond** sticks**,** pasteurized **egg** white, coconut oil, fried **hazelnut** 2.4%, natural sweetener erythritol, glycerol, salt, vanilla paste, instant coffee
ADDITIVES: preservative: potassium sorbate E202, acidity regulator: citric acid E330, thickener: xanthan gum E415
Allergens: milk and dairy products, soy, gluten (oats), eggs, nuts (hazelnuts), sulphites. May contain traces of celery, peanuts, eggs, mustard, sesame, sulfites, and other nuts.
Average net weight: 120 g

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

SIDES AND SAUCES:

VEGETABLES FOR WOK
Ingredients: carrot (0.05 kg), ***edamame*** (0.02 kg), bell pepper (0.04 kg), broccoli (0.06 kg), zucchini (0.06 kg)
Allergens: soy

RICE
Ingredients: rice, sushi vinegar (sugar, alcohol vinegar, rice vinegar, sugar cane molasses)

KIMCHI
Ingredients: Chinese cabbage, radish, leek, Korean chili pepper, fermented fish sauce, garlic, onion, ginger, salt, shrimp, xanthan gum, lactic acid bacteria
ADDITIVES: E415
Allergens: fish, crustaceans

PICKLED GINGER
Ingredients: ginger, water
ADDITIVES: E163, E202, E260, E330, E950, E951*, E954, E955
***Contains aspartame, a source of phenylalanine**

WAKAME SALAD
Ingredients: ***wakame seaweed*** (0.05 kg) (seaweed, sauce (corn syrup, black mushrooms, agar agar, ***sesame*** oil, sesame, sugar, vinegar, pepper, salt)), ***sesame*** mix (0.003 kg), cucumber (0.05 kg)
ADDITIVES: E406, E420, E102*, E133
***May have adverse effects on activity and attention in children**
Allergens: sesame

SWEET CHILI SAUCE
Ingredients: sugar, water, chili, vinegar, garlic, salt, modified corn starch
ADDITIVES: E415

SWEET N' SOUR SAUCE
Ingredients: water, sugar, vinegar, tomato puree, glucose-fructose syrup, spices (onion, ginger, bell pepper), salt, starch; may contain pineapple juice and chili
ADDITIVES: E202, E330, E415
Allergens: May contains traces of soy and mustard.

TERIYAKI SAUCE
Ingredients: water, ***soy*** sauce (water, ***soy, wheat***, salt), sugar, high fructose syrup, alcohol, modified starch, salt
ADDITIVES: E150a, E415, E955
Allergens: soy, gluten (wheat)

TONKATSU SAUCE
Ingredients: water, high fructose corn syrup, alcohol vinegar, salt, tomato paste, sugar, modified corn starch, apple puree, spices, carrot, onion, traces of ***soy***
ADDITIVES: E150a, E621
Allergens: soy

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

MAYO WASABI SAUCE
Ingredients: ***mayonnaise*** (***egg yolks, mustard***, sugar, salt, vinegar), rice vinegar, ***wasabi*** (horseradish, ***mustard***, corn starch, Japanese horseradish)
ADDITIVES: E102*, E133, E200, E330, E300, E334
***May have adverse effects on activity and attention in children**
Allergens: mustard, eggs

MAYO SRIRACHA SAUCE
Ingredients: ***mayonnaise*** (***egg yolks, mustard***, sugar, salt, vinegar), sriracha (chili, garlic, sugar, salt, vinegar), ***sesame*** oil
ADDITIVES: E200, E202, E334, E415
Allergens: mustard, eggs, sesame

WASABI SAUCE
Ingredients: horseradish, ***mustard***, corn starch, Japanese horseradish
ADDITIVES: E102*, E133, E300, E330
***May have adverse effects on activity and attention in children**
Allergens: mustard

NAAN
Ingredients: ***wheat flour*****,** water, sunflower oil, salt, sugar, dry yeast
ADITIVE: E500
Allergens: gluten. May contain traces of soy, milk, nuts, mustard and sesame.

SUSHI SELECTION:

MATSU (2x nigiri tuna, 2x nigiri salmon, 4x uramaki tuna, 4x uramaki salmon)
Ingredients: ***tuna fillet*** (0.09 kg), ***salmon fillet*** (0.08 kg), sushi rice (0.099 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.035 L), nori algae (0.0014 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***sesame***
ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, sesame

NIGIRI (3x nigiri salmon, 3x nigiri tuna)
Ingredients: ***tuna fillet*** (0.08 kg), ***salmon fillet*** (0.065 kg), sushi rice (0.065 kg), pickled ginger (0.03 kg), ***wasabi*** (0.003 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), rice vinegar (0.009 L)
ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard

SALMON (4x nigiri salmon, 8x uramaki salmon)
Ingredients: ***salmon fillet*** (0.15 kg), sushi rice (0.099 kg), nori algae (0.0014 kg), pickled ginger (0.03 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), rice vinegar (0.035 L), cucumber (0.03 kg), ***sesame***
ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

TUNA (4x nigiri tuna, 8x uramaki tuna)
Ingredients: ***tuna fillet*** (0.17 kg), sushi rice (0.099 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.035 L), nori algae (0.0014 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***sesame***
ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, sesame

URAMAKI (8x):

URAMAKI BOSTON (8 x uramaki tuna)
Ingredients: ***tuna fillet*** (0.08 kg), sushi rice (0.059 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***sesame***
ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, sesame

URAMAKI ALASKA (8x uramaki salmon)
Ingredients: ***salmon fillet*** (0.06 kg), sushi rice (0.059 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***sesame***
ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, sesame

URAMAKI VEGE (8x uramaki vege)
Ingredients: ***tofu*** (0.05 kg), avocado (0.05 kg), sushi rice (0.059 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), ***wasabi*** (0.002 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***sesame***
ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: soy, mustard, sesame

URAMAKI HOTATE (8x uramaki scallop)
Ingredients: nori seaweed (0.0014 kg), sushi rice (0.1 kg), ***scallop*** (0.02 kg), mango (0.02 kg), ***tobiko orange*** (0.001 kg) (***roe***, invert sugar syrup, salt, rice vinegar, ***soy*** sauce (water, ***soy, wheat***, salt)), fried ***sesame mix*** (0.003 kg), ***wasabi*** paste (0.003 kg) (horseradish powder, ***mustard*** powder, cornstarch, Japanese horseradish), pickled ginger (0.02 kg)
ADITIVI: E621, E110*, E202, E260, E951**, E954, E955, E163, E950, E330, E300, E102*, E133
***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**
Allergens: mollusks, fish products, soy, gluten (wheat), mustard, sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

URAMAKI AGE EBI (**8 x uramaki prawn**)
Ingredients: ***prawns*** (0.04 kg), nori seaweed (0.0014 kg), ***miso mayonnaise*** (0.02 kg) (sunflower oil, water, ***mustard*** (water, ***mustard***, vinegar, sugar, salt), ***egg yolks***, sugar, iodized salt, vinegar, traces of ***milk,*** water, ***soy***, rice), sushi rice (0.1 kg), ***tobiko orange*** (0.001 kg) (***roe***, invert sugar syrup, salt, rice vinegar, ***soy*** sauce (water, ***soy, wheat***, salt)), toasted ***sesame*** mix (0.003 kg), ***wasabi paste*** (0.003 kg) (horseradish, ***mustard***, cornstarch, wasabi), pickled ginger (0.02 kg), ***tempura*** (0.02 kg) (cornstarch, ***wheat flour***, salt, white pepper), ***panko*** breadcrumbs (0.02 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt)
ADITIVI: E330, E300, E133, E102*, E334, E200, E202, E260, E951**, E954, E955, E163, E950, E450, E500, E341, E327, E621, E110*
***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**
Allergens: crustaceans, mustard, eggs, sesame, fish product, gluten (wheat). May contain traces of milk.

SPICY TUNA
Ingredients: ***tuna fillet*** (0.1 kg), sushi rice (0.05 kg), rice vinegar (0.018 L), pickled ginger (0.03 kg), avocado (0.05 kg), cucumber (0.05 kg), nori seaweed (0.0014 kg), ***wasabi*** (0.003 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***green tobiko*** (***fish roe***, sugar, salt, sweet sauce, rice, alcohol, ***soy sauce*** (***soy, wheat***, salt), wasabi oil), sriracha (chili, garlic, sugar, salt, vinegar), ***sesame***
ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E338, E621, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, fish product, soy, gluten (wheat)

SALMON TERIYAKI
Ingredients: ***salmon fillet*** (0.08 kg), sushi rice (0.05 kg), avocado (0.05 kg), rice vinegar (0.018 L), pickled ginger (0.03 kg), nori seaweed (0.0014 kg), ***wasabi*** (0.003 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), ***green tobiko*** (***fish roe***, sugar, salt, sweet sauce, rice, alcohol, ***soy sauce*** (***soy, wheat,*** salt), wasabi oil), cucumber (0.05 kg), ***teriyaki sauce*** (0.002 L) (***soy sauce*** (***soy, wheat,*** salt), sugar, high-fructose syrup, alcohol, modified starch, salt)
ADDITIVES: E300, E150a, E415, E955, E202, E260, E951**, E950, E954, E163, E338, E330, E621, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard, fish product, soy, gluten (wheat)

NIGIRI:

NIGIRI TUNA (2 pieces)
Ingredients: ***tuna fillet*** (0.06 kg), sushi rice (0.02 kg), pickled ginger (0.03 kg), ***wasabi*** (0.003 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), rice vinegar (0.009 L)
ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*
***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**
Allergens: fish, mustard

NIGIRI SALMON (2 pieces)

Ingredients: ***salmon fillet*** (0.05 kg), sushi rice (0.02 kg), pickled ginger (0.03 kg), ***wasabi*** (0.003 kg) (horseradish, ***mustard***, corn starch, Japanese horseradish), rice vinegar (0.009 L)

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard

CRISPY FUTOMAKI:

FUTOMAKI SALMON

Ingredients: ***salmon*** fillet (0.08 kg), sushi rice (0.07 kg), avocado (0.05 kg), cucumber (0.03 kg), nori seaweed (0.0021 kg), ***wasabi*** paste (0.005 kg) (horseradish, ***mustard***, corn starch, wasabi), ***teriyaki*** sauce (0.005 kg) (***soy*** sauce (***soy, wheat***, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), ***panko crumbs*** (0.05 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ***tempura mix*** (0.03 kg) (corn starch, ***wheat flour***, salt, pepper), ***saiko miso*** sauce (0.01 kg) (water, ***soy***, rice, salt, sugar, mirin), sushi gari white (0.02 kg), ***wasabi sesame*** (0.001 kg)

ADDITIVES: E450, E500, E341, E327, E621, E330, E300, E102*, E133, E202, E260, E951**, E954, E955

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, soy, gluten (wheat), sesame

FUTOMAKI LOBSTER

Ingredients: ***lobster*** meat (***Lobster salad mix***) (0.05 kg) (***surimi*** sticks 67% (***Alaska pollock, Pacific hake***, moisture-retaining agent, stabilisers), water, ***wheat*** starch, sugar, salt, flavourings (contains ***crustaceans***), rapeseed oil, powdered ***egg*** white, flavour enhancers, colourings, ***shrimp*** 30% (***shrimp***, water, salt, ***lobster*** tail)), (0.05 kg), sushi rice (0.07 kg), avocado (0.05 kg), cucumber (0.03 kg), nori seaweed (0.0021 kg), ***wasabi*** paste (0.005 kg)) (horseradish, ***mustard***, corn starch, wasabi), ***teriyaki*** sauce (0.005 kg) (***soy*** sauce (***soy, wheat***, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), ***panko crumbs*** (0.05 kg) (***wheat flour***, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ***tempura mix*** (0.03 kg) (corn starch, ***wheat flour***, salt, pepper), ***saiko miso*** sauce (0.01 kg) (water, ***soy***, rice, salt, sugar, mirin), sushi gari white (0.02 kg), ***wasabi sesame*** (0.001 kg)

ADDITIVES: E102*, E120, E133, E160c, E170, E202, E260, E300, E327, E330, E341, E450, E451, E452, E500, E621, E635, E951**, E954, E955

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, crustaceans, mustard, soy, gluten (wheat), sesame, eggs

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Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**