

INGREDIENTS AND ALLERGENS

START:

CRISPY PRAWNS

Ingredients: Pacific *prawns* (0.13 kg), *panko breadcrumbs* (0.05 kg) (*wheat flour*, vegetable oil (palm oil, palm stearin), sugar, yeast, salt), *tempura mix* (0.05 kg) (cornstarch, *wheat flour*, rice flour, salt, glutamate, spices), sunflower oil (0.03 L), *wasabi mayo* (0.04 kg) (*mayonnaise*, rice vinegar, *wasabi*), lime (0.025 kg), spices (0.002 kg)

ADDITIVES: E450, E500, E341, E327, E621, E200, E334, E330, E300, E133, E102*

***May have adverse effects on children's activity and attention.**

Allergens: crustaceans, gluten (wheat), mustard, eggs

EDAMAME

Ingredients: *edamame* pod (0.15 kg), olive oil (0.02 kg), salt (0.002 kg)

Allergens: soy

EDAMAME SPICY

Ingredients: *edamame* pod (0.13 kg), sriracha (0.01 kg) (chili, garlic, sugar, salt, vinegar), *sesame* oil (0.005 kg), *soy* sauce (0.005 L) (*soy*, *wheat*, salt)

ADDITIVES: E202, E415

Allergens: soy, sesame, gluten (wheat)

SALMON TARTAR

Ingredients: *salmon* fillet (0.08 kg), tapioca *prawn* crackers (0.013 kg), avocado (0.02 kg), yuzu concentrate (0.02 L), *ikura* (0.005 kg) (*salmon roe*, salt), pea sprouts (0.01 kg), salt (0.001 kg)

ADDITIVES: E621, E330, E500

Allergens: fish, fish product, crustaceans, sulfites

TUNA TARTAR

Ingredients: *tuna* fillet (0.08 kg), tuna tartar sauce (0.02 kg) (sriracha, sugar, mirin), spring onion (0.005 kg), *sesame* mix (0.003 kg), *sesame* oil (0.005 kg), lemon pearls (0.001 kg), pickled daikon, pickled onion (0.01 kg), *mayo wasabi* (0.005 kg) (*mayonnaise*, rice vinegar, *wasabi*), tapioca *prawn* crackers (0.013 kg)

ADDITIVES: E202, E415, E330, E621, E500, E200, E334, E300, E133, E102*, E460, E509, E401, E161b

***May have adverse effects on children's activity and attention.**

Allergens: fish, crustaceans, sesame, eggs, mustard, sulfites

TUNA TATAKI

Ingredients: *tuna* tataki (0.1 kg) (Yellowfin *tuna*, salt), rice vinegar (0.015 L), daikon radish (0.02 kg), *wakame seaweed* (0.05 kg), (algae, corn syrup, black mushrooms, agar-agar, *sesame* oil, *sesame* seeds, sugar, vinegar, pepper, salt), *ponzu sauce* (water, *soy*, *wheat*, salt, glucose (contains *gluten*), dried *tuna*, *bonito* powder, yeast extract, shiitake mushroom powder, dried algae), *sesame seeds*

ADDITIVES: E331, E301, E500, E133, E406, E420, E621, E635, E102*

***May have adverse effects on children's activity and attention.**

Allergens: fish, sesame, soy, gluten (wheat)

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

HORENSO GOMAE SALAD

Ingredients: baby spinach (0.05 kg), **tahini** (0.03 kg) (rapeseed oil, water, sugar, **tamari sauce** (water, **soy**, salt, vinegar), alc. vinegar, roasted **sesame**, salt, flavorings, modified starch, dried porcini), **sesame** mix (0.005 kg)

ADDITIVES: E415

Allergens: **sesame, soy**

SOUPS:

CARROT AND GINGER SOUP

Ingredients: carrot and ginger soup (0.25 L) (water, carrots, coconut milk, coconut fat, sugar, pickled ginger, salt), fresh mint (0.001 kg)

ADDITIVES: E435, E260, E330, E202, E951*, E954, E955

***Contains aspartame, a source of phenylalanine**

TOM YUM KHA

Ingredients: Pacific **prawns** (0.052 kg), **Tom Yum Kha** (0.25 L) (tomato, sweet chili sauce, **Tom Yum paste** (**soybean** oil, lemongrass, shallots, water, lemon juice, salt, chili, galangal, sugar, kaffir lime leaves, ginger), **fish sauce** (**anchovies**, salt, sugar), lemongrass, chili paste, **dashi granules** (salt, dried **fish** powder, sugar, yeast extract, maltodextrin), salt), enoki mushrooms (0.02 kg), coconut milk (0.01 L), lime, spring onion

ADDITIVES: E435, E260, E415, E950, E951*, E330, E160c, E211, E261, E635, E621

***Contains aspartame, a source of phenylalanine**

Allergens: **crustaceans, fish, fish product, soy. May contain traces of celery.**

MISO SOUP

Ingredients: **miso soup** (0.3 L) (water, brown mushrooms, sunflower oil, smoked **tofu**, **miso paste**, **oyster sauce** (contains **wheat**), spring onions, **dashi** granules (**fish powder**)), **wakame seaweed** (0.001 kg) (algae, corn syrup, black mushrooms, agar agar, **sesame oil**, **sesame**, sugar, vinegar, pepper, salt), **sesame** mix (0.004 kg)

ADDITIVES: E406, E420, E102*, E133, E511, E621, E150a, E635

***May have an adverse effect on children's activity and attention**

Allergens: **soy, sesame, gluten (wheat), mollusks, fish product. May contain traces of mustard, celery, peanuts and nuts.**

GYOZA:

PORK GYOZA

Ingredients: pork gyoza (0.1 kg) (cabbage, **wheat** flour, pork meat, water, pork fat, onion, salt, **breadcrumbs**, garlic powder, **wheat gluten**, **soy** sauce (**soy**, **wheat**, salt), **sesame** oil, starch, ginger powder), sunflower oil (0.02 L), **teriyaki sauce** (0.02 L) (**soy** sauce (**soy**, **wheat**, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onion

ADDITIVES: E150a, E415, E955, E621, E631

Allergens: **gluten (wheat), soy, sesame**

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

CHICKEN GYOZA

Ingredients: chicken gyoza (0.1 kg) (cabbage, **wheat flour**, chicken meat, water, onion, salt, **breadcrumbs**, garlic, **wheat gluten**, **soy** sauce (**soy**, **wheat**, salt), **sesame** oil, starch, ginger powder, **soy** flour), sunflower oil (0.02 L), **teriyaki sauce** (0.02 L) (**soy** sauce (**soy**, **wheat**, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onion

ADDITIVES: E150a, E415, E955, E621, E631

Allergens: **gluten (wheat), soy, sesame**

ROLLS:

VEGETABLE SPRING ROLLS

Ingredients: vegetable spring rolls (0.056 kg) (cabbage, carrot, red bell pepper, zucchini, red onion, **celery**, sunflower oil, salt, **pastry for rolls (wheat flour**, coconut oil, salt, sodium caseinate (**milk**), wheat starch, maltodextrin), lime (0.02 kg), sweet chili sauce (0.035 kg) (sugar, chili, vinegar, garlic, salt, modified corn starch)

ADDITIVES: E415, E300

Allergens: **gluten (wheat), celery, milk**

SPRING ROLLS WITH PRAWNS AND CHICKEN

Ingredients: **prawn** and chicken rolls (0.064 kg) (minced chicken fillet, **prawns**, cream **cheese** (pasteurized whole **milk**, pasteurized **cream**, sea salt), onion, salt, pepper, rice paper (tapioca flour, water, rice flour, salt), sunflower oil), lime (0.02 kg), **tempura mix** (0.03 kg) (corn starch, **wheat flour**, salt, pepper), **panko breadcrumbs** (0.02 kg) (**wheat flour**, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), sweet chili sauce (0.035 kg) (sugar, chili, vinegar, garlic, salt, modified corn starch)

ADDITIVES: E327, E500, E450, E621, E341

Allergens: **crustaceans, milk, gluten (wheat)**

BAO BUNS:

BAO BUNS PORK

Ingredients: roasted pork belly (0.09 kg), **bao buns** (0.09 kg) (**wheat flour**, water, sugar, vegetable fat (palm stearin), yeast), cabbage (0.05 kg), carrot (0.017 kg), **mayonnaise** (0.006 kg) (sunflower oil, **mustard**, **egg yolks**, sugar, iodized salt, vinegar, traces of **milk**), **mustard (mustard seeds**, alcohol vinegar, sugar, iodized salt, garlic flavor, tarragon flavor), **teriyaki sauce** (0.03 L) (**soy** sauce (**soybeans**, **wheat**, salt), sugar, high fructose syrup, alcohol, modified starch, salt), **cream** (0.015 kg), **sesame** oil, **sesame**, spring onion, **celery**, apple

ADDITIVES: E150a, E415, E202, E334, E200, E955, E500

Allergens: **gluten (wheat), milk, soy, eggs, mustard, sesame, celer**

BAO BUNS KATSU

Ingredients: chicken breast (0.03 kg), **bao buns** (0.09 kg) (**wheat flour**, water, sugar, vegetable fat (palm stearin), yeast), **panko breadcrumbs** (0.02 kg) (**wheat flour**, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), **tempura mix** (0.02 kg) (corn starch, **wheat flour**, salt, pepper), cabbage (0.05 kg), carrot (0.017 kg), **mayonnaise** (0.006 kg) (sunflower oil, **mustard**, **egg yolks**, sugar, iodized salt, vinegar, traces of **milk**), **mustard (mustard seeds**, alcohol vinegar, sugar, iodized salt, garlic flavor, tarragon flavor), **cream** (0.015 kg), mayo sriracha sauce (0.02 kg) (**mayonnaise**, sriracha, sesame oil), spring onion, **sesame** oil, **celery**, apple

ADDITIVES: E500, E450, E327, E621, E341, E150a, E202, E334, E200, E415

Allergens: **gluten (wheat), milk, eggs, mustard, sesame, celery**

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

BAO BUNS DUCK

Ingredients: duck confit (0.08 kg) (duck meat, duck fat, salt), **bao buns** (0.09 kg) (**wheat flour**, water, sugar, vegetable fat (palm stearin), yeast), cabbage (0.05 kg), **sesame** dressing (0.02 kg), **hoisin sauce** (0.03 kg) (**sugar**, water, **soy paste** (water, salt, **wheat, soy**), sweet potato powder, dehydrated garlic, **sesame** paste, chili, vinegar, modified corn starch), orange juice, **sesame** oil), mango (0.01 kg), sauce for Korean wings (0.03 kg) (**teriyaki, gochujang, ssamjang**, honey, rice vinegar), spring onions (0.004 kg), **sesame** mix (0.003 kg), bamboo leaf (1 pc)

ADDITIVES: E150a, E415, E955, E500

Allergens: soy, gluten (wheat), sesame

KIDS MENU:

CHICKEN FINGERS

Ingredients: chicken breast (0.17 kg), **panko breadcrumbs** (0.015 kg) (**wheat flour**, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), ketchup (0.035 kg), **tempura** mix (0.03 kg) (corn starch, **wheat flour**, salt, pepper), sunflower oil (0.03L), salt (0.002 kg), sushi rice (0.15 kg)

ADDITIVES: E500, E450, E621, E341, E327, E415, E202, E211

Allergens: gluten (wheat)

URAMAKI AGE EBI

Ingredients: **prawns** (0.04 kg), nori seaweed (0.0014 kg), **miso mayonnaise** (0.02 kg) (sunflower oil, water, **mustard** (water, **mustard**, vinegar, sugar, salt), **egg yolks**, sugar, iodized salt, vinegar, traces of **milk**, water, **soy**, rice), sushi rice (0.1 kg), **tobiko orange** (0.001 kg) (**roe**, invert sugar syrup, salt, rice vinegar, **soy** sauce (water, **soy, wheat**, salt)), roasted **sesame** mix (0.003 kg), **wasabi paste** (0.003 kg) (horseradish, **mustard**, cornstarch, wasabi), pickled ginger (0.02 kg), **tempura** (0.02 kg) (cornstarch, **wheat flour**, salt, white pepper), **panko** breadcrumbs (0.02 kg) (**wheat flour**, vegetable fat (palm oil, palm stearin), sugar, yeast, salt)

ADDITIVES: E330, E300, E133, E102*, E334, E200, E202, E260, E951**, E954, E955, E163, E950, E450, E500, E341, E327, E621, E110*

***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**

Allergens: crustaceans, mustard, eggs, sesame, fish product, soy, gluten (wheat). May contain traces of milk.

BOWLS:

POKE TUNA

Ingredients: **bluefin tuna fillet** (0.14 kg), **wakame seaweed** (0.12 kg) (seaweed, corn syrup, black mushrooms, agar agar, **sesame oil, sesame**, sugar, vinegar, pepper, salt), rice vinegar (0.019 L), pickled ginger (0.02 kg), enoki mushrooms (0.02 kg), sushi rice (0.07 kg), **edamame** (0.02 kg), daikon radish (0.025 kg), **sesame**

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E133, E406, E420, E102*

***May have adverse effects on children's activity and attention. **Contains aspartame, a source of phenylalanine**

Allergens: fish, sesame, soy

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

POKE SALMON

Ingredients: *salmon fillet* (0.1 kg), *wakame seaweed* (0.12 kg) (seaweed, corn syrup, black mushrooms, agar agar, *sesame oil*, *sesame*, sugar, vinegar, pepper, salt), rice vinegar (0.019 kg), pickled ginger (0.02 kg), enoki mushrooms (0.02 kg), sushi rice (0.07 kg), *edamame* (0.02 kg), daikon radish (0.025 kg), *sesame*

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E133, E406, E420, E102*

***May have adverse effects on children's activity and attention. **Contains aspartame, a source of phenylalanine**

Allergens: fish, sesame, soy

KATSU BOWL

Ingredients: chicken breast (0.17 kg), *panko breadcrumbs* (0.015 kg) (*wheat flour*, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), *tempura* mix (0.03 kg) (cornstarch, *wheat flour*, salt, pepper), *tonkatsu* mix (0.05 L) (*tonkatsu sauce*, sugar, cinnamon), sushi rice (0.15 kg), kimchi (0.02 kg) (Chinese cabbage, water, radish, garlic, onion, chili, salt, carrot, ginger), pickled daikon (0.02 kg) (daikon, water, vinegar, sugar, salt, turmeric), cabbage (0.045 kg), *sesame* mix (0.005 kg), *sesame* dressing (0.02 kg), pickled onion (0.02 kg) (onion, water, vinegar, sugar, salt), pea sprouts (0.001 kg), spring onions, sunflower oil

ADDITIVES: E150a, E621, E450, E500, E341, E327

Allergens: gluten (wheat), soy, sesame

SALAD WITH CHICKEN AND PEANUTS

Ingredients: chicken fillet (0.12 kg), *bulgur* (0.08 kg), *peanuts* (0.03 kg), *edamame* beans (0.02 kg), spring onion (0.03 kg), bell pepper (0.04 kg), zucchini (0.06 kg), baby spinach (0.02 kg), carrot (0.02 kg), sunflower oil (0.04 L), rice vinegar (0.04 L), *teriyaki sauce* (0.03 L) (*soy* sauce (*soy*, *wheat*, salt), sugar, high fructose syrup, alcohol, modified starch, salt), *tonkatsu* sauce (0.03 L) (high fructose corn syrup, alcohol vinegar, salt, tomato paste, sugar, modified corn starch, apple puree, spices, carrot, onion, *traces of soy*), *soy* sauce (*soy*, *wheat*, salt)

ADDITIVES: E150a, E415, E955, E621

Allergens: gluten (wheat), peanuts, soy

MAIN DISHES:

TERIYAKI SALMON

Ingredients: *salmon fillet* (0.18 kg), sushi rice (0.05 kg), *edamame* (0.02 kg), broccoli (0.06 kg), zucchini (0.06 kg), pepper (0.04 kg), carrot (0.05 kg), sunflower oil (0.01 L), rice vinegar (0.03 L), *wakame seaweed* (0.03 kg) (seaweed, corn syrup, black mushrooms, agar agar, *sesame oil*, *sesame*, sugar, vinegar, pepper, salt), *teriyaki sauce* (0.04 L) (*soy* sauce (*soy*, *wheat*, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), *miso paste* (water, *soy*, rice, salt), spring onions, *sesame*

ADDITIVES: E415, E406, E420, E955, E150a, E133, E102*

***May have an adverse effect on activity and attention in children**

Allergens: fish, soy, gluten (wheat), sesame

PANANG CURRY

Ingredients: panang curry (0.3 kg) (pork meat, onion, pepper, coconut oil, panang curry paste (chili, lemongrass, shallots, garlic, salt, kaffir lime peel, galangal, cumin, coriander seeds), *soy sauce* (water, *soy*, *wheat*, salt, sugar), *peanut butter*, *fish sauce* (*anchovies*, salt, sugar), *chili paste* (rice, water, corn syrup, chili, salt, *soybeans*, alcohol, *wheat extract*, *soy* spices, garlic, *Aspergillus Oryzae*), potato starch, palm sugar, salt, garlic, coriander, turmeric, galangal, lemongrass, and kaffir lime in powder form), lime (0.025 kg), sushi rice (0.08 kg), *cream* (0.01 kg), spring onions

ADDITIVES: E211, E339, E407, E415, E472e, E631, E627

Allergens: soy, gluten (wheat), peanuts, fish, milk. May contain traces of celery.

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BLACK COD

Ingredients: *cod fillet* (0.18 kg), carrot (0.08 kg), *saikyo miso* (0.07 kg) (water, **soy**, rice, salt, sugar, glucose syrup, water, vinegar, fermented rice alcohol (water, rice, alcohol, salt, rice malt), sugarcane molasses), *tempura mix* (0.03 kg) (corn starch, **wheat flour**, salt, pepper), wok base (0.02 kg) (carrot, white cabbage, red cabbage, red onion, leek), rice vinegar (0.05 L), sushi rice (0.05 kg), orange juice

ADDITIVES: E327, E330, E341, E450, E500, E621

Allergens: fish, gluten (wheat), soy

MATSU GRILL:

YAKITORI

Ingredients: chicken drumstick (0.17 kg), sushi rice (0.05 kg), rice vinegar (0.03 L), carrot (0.05 kg), *edamame* (0.02 kg), pepper (0.04 kg), broccoli (0.06 kg), zucchini (0.06 kg), sunflower oil (0.01 L), *teriyaki sauce* (0.04 L) (**soy** sauce (**soy**, **wheat**, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), spring onions, **sesame**

ADDITIVES: E415, E955, E150a

Allergens: soy, gluten (wheat), sesame

YANG-GOGI

Ingredients: minced lamb (0.16 kg), zucchini (0.06 kg), broccoli (0.06 kg), paprika (0.04 kg), carrots (0.05 kg), sushi rice (0.05 kg), sunflower oil (0.04 L), rice vinegar (0.03 L), **soy** sauce (0.02 L) (**soy**, **wheat**, salt), *edamame* (0.02 kg), **sesame** oil (0.005 kg), *granola* (0.005 kg) (**oats**, sugar, vegetable oil, **wheat** flour, whole **wheat** flakes, glucose-fructose syrup, **nuts** (**almond**, **hazelnut**, **cashew**), honey, whole **wheat oat** flour, **barley** malt extract, salt, flavorings), *ssamjang dip* (0.015 kg) (water, **wheat** flour, corn syrup, **soy**, salt, spicy paprika (red pepper, water, salt, garlic, onion), **wheat**, alcohol, brown sugar, garlic, **wheat** extract, roasted **sesame**, garlic oil, starter culture (Koji), ginger, mirin), pickled onion (0.01 kg)

ADDITIVES: E450, E300, E341

Allergens: soy, gluten (wheat, barley and oats), sesame, nuts. May contain traces of milk and peanuts.

KOREAN BBQ WINGS

Ingredients: chicken wings (0.45 kg) (chicken wings, salt, spices), *tempura mix* (0.03 kg) (cornstarch, **wheat flour**, salt, pepper), sauce for Korean wings (0.1 kg) (*teriyaki*, *gochujang*, *ssamjang*, honey, rice vinegar; contains **soy**, **wheat and sesame**), spring onions (0.004 kg), **sesame** mix (0.003 kg),

ADDITIVES: E450, E500, E341, E327, E621, E150a, E415, E955

Allergens: gluten (wheat), soy, sesame

WOK:

CHICKEN

Ingredients: chicken breast (0.13 kg), *wok noodles* (0.13 kg) (**wheat flour**), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.02 kg), cabbage (0.03 kg), pepper (0.03 kg), zucchini (0.02 kg), onion (0.02 kg), sunflower oil (0.04 L), sweet chili sauce (0.04 L) (sugar, chili, vinegar, garlic, salt, modified corn starch), **peanuts**, **soy** sauce (**soy**, **wheat**, salt)

Allergens: peanuts, soy, gluten (wheat)

*Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame***

BEEF

Ingredients: beef (0.13 kg), **wok noodles** (0.13 kg) (**wheat flour**), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.06 kg), enoki mushrooms (0.025 kg), **edamame** (0.02 kg), zucchini (0.05 kg), pepper (0.06 kg), sunflower oil (0.04 L), **teriyaki** sauce (0.04 L) (**soy** sauce (**soy, wheat**, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), **soy** sauce (**soy, wheat**, salt), spring onions, **sesame**

ADDITIVES: E150a, E415, E955

Allergens: **gluten (wheat), soy, sesame**

EBI

Ingredients: **prawns** (0.09 kg), rice noodles (0.13 kg), wok base (0.08 kg) (carrots, white cabbage, red cabbage, purple onions, leeks), carrots (0.02 kg), peppers (0.03 kg), broccoli (0.04 kg), zucchini (0.02 kg), curry paste (0.006 kg) (chili, lemongrass, shallots, garlic, salt, kaffir lime peel, galangal, cumin, coriander seeds), salt (0.004 kg), coconut milk (0.15 L), coconut chips (0.001 kg), lime (0.025 kg)

Allergens: **crustaceans. May contain traces of sesame.**

VEGE

Ingredients: **smoked tofu** (0.1 kg), rice noodles (0.13 kg), wok base (0.08 kg) (carrot, white cabbage, red cabbage, purple onion, leek), carrot (0.02 kg), pepper (0.03 kg), zucchini (0.02 kg), baby spinach (0.02 kg), sunflower oil (0.04 L), sweet chili sauce (0.04 L) (sugar, chili, vinegar, garlic, salt, modified corn starch), **soy** sauce (**soy, wheat**, salt), spring onions

ADDITIVES: E415

Allergens: **soy, gluten (wheat)**

DESSERTS:

MOCHI COCONUT

Ingredients: **milk**, sugar, rice flour, water, **cream**, dried coconut, **trehalose***, skimmed **milk** powder, tapioca flour, salt, **soy** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415

Allergens: **milk, soy. May contain traces of eggs, tree nuts, peanuts, sesame.**

Average net weight: 32 g (1 pc)

MOCHI MANGO

Ingredients: **milk**, mango puree, sugar, rice flour, water, **cream**, **trehalose***, skimmed **milk** powder, tapioca flour, salt, **soy** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415, E160b

Allergens: **milk, soy. May contain traces of eggs, tree nuts, peanuts, sesame.**

Average net weight: 32 g (1 pc)

MOCHI PISTACHIO

Ingredients: **milk**, sugar, rice flour, water, **cream**, **trehalose***, **pistachios**, honey-roasted **pistachios**, skimmed **milk** powder, tapioca flour, spinach powder, salt, **soy** lecithin. **Trehalose is a source of glucose*

ADDITIVES: E471, E412, E410, E460, E415, E160b, E100, E141

Allergens: **milk, tree nuts (pistachios), soy. May contain traces of other tree nuts, peanuts, and sesame.**

Average net weight: 32 g (1 pc)

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

MOCHI WHITE CHOCOLATE

Ingredients: *milk*, water, rice flour, sugar, **white chocolate**, *cream*, brown sugar, trehalose*, **butter**, colored **white chocolate** chips (*soy* lecithin), tapioca starch, salt, natural flavoring. *Trehalose is a source of glucose.

ADITIVE: E322, E160c, E471, E412, E407, E410, E466, E160b, E100

Allergens: **milk, soy. May contain traces of nuts, eggs and peanuts.**

Average net weight: 32 g (1 pc)

MOCHI RASPBERRY

Ingredients: *milk*, sugar, raspberry puree 15%, water, rice flour, *cream*, trehalose*, glucose syrup, *milk* powder, raspberry pieces, tapioca starch, beetroot powder, salt, **soy**. *Trehalose is a source of glucose.

ADDITIVES: E471, E412, E407, E410, E466

Allergens: **milk, soy. May contain traces of nuts and peanuts.**

Average net weight: 32 g (1 pc)

SWEET GOMA DARK CAKE

Ingredients: dark chocolate (cocoa, sugar, cocoa butter, **soy** lecithin, natural vanilla flavor), **sweet cream**, *milk* (2.8% milk fat), **tahini** paste (roasted **sesame** seeds), glucose syrup, invert sugar, 100% beef gelatin, **sesame**

ADDITIVES: E220, E322, E407

Allergens: **milk, sesame, sulfites. May contain traces of soy and tree nuts.**

MATCHA BOUNTY CAKE

Ingredients: brownie (0.085 kg) (sugar, **butter**, **wheat flour**, pasteurized **egg yolk**, pasteurized **egg white**, dark chocolate (cocoa mass, sugar, cocoa butter, **soy** lecithin, natural vanilla flavor), baking powder, vanilla sugar, **hazelnut**, **milk chocolate**), *milk* (0.025 L), **sweet cream** (0.055 kg) (*milk*), powdered sugar (0.002 kg), coconut **ice cream** (0.05 kg), matcha powder (0.002 kg), coconut flakes (0.002 kg)

ADDITIVES: E202, E330, E322, E415, E450, E500 (ii), E407, E410, E412, E466, E417, E472b, E473

Allergens: **milk, gluten (wheat), eggs, soy, tree nuts**

COCONUT ICE CREAM

Ingredients: *milk*, sugar, **milk powder**, **sweet cream**, coconut **ice cream** base (dried coconut, sugar, dextrose, flavorings, **skimmed milk powder**), **ice cream** base (dextrose, vegetable fats (coconut), skimmed **milk** powder, maltodextrins, salt, flavorings), chocolate sauce for **ice cream** (sugar, vegetable fats (sunflower, palm), **hazelnuts**, skimmed **milk** powder, cocoa, flavorings), dried coconut, protein supplement for ice cream (**lactose**, **milk proteins**, dehydrated glucose syrup, **skimmed milk powder**)

ADDITIVES: E407, E410, E412, E466, E417, E472b, E473

Allergens: **milk, tree nuts (hazelnuts). May contain traces of soy and other tree nuts.**

Average net weight: 100 g (2 scoops)

MATCHA (GREEN TEA) ICE CREAM

Ingredients: sugar, *milk*, **milk powder**, **proteingel**, **sweet cream**, **ice cream** base (dextrose, vegetable fats (coconut), skimmed **milk** powder, maltodextrins, salt, flavorings), 100% green tea (matcha) powder

ADDITIVES: E407, E410, E412, E466, E417, E472b, E473

Allergens: **milk. May contain traces of soy and tree nuts.**

Average net weight: 100 g (2 scoops)

*Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame***

PISTACHIO CAKE

Ingredients: *sweet cream, white chocolate, milk, pistachio* paste, sugar, cocoa butter, *praline filling, waffles, pistachio*, glucose syrup, *almonds, biscuits, butter*, cocoa, glaze, crunchy *biscuit* sauce, gelatin powder, *pistachio* praline filling, pectin, salt

ADDITIVES: E407, E322, E133, E307, E160c, E220, E500ii, E503ii, E296, E223, E330, E202, E331, E333, E471, E304, E306, E440ii, E450i E341

Allergens: **milk, nuts (pistachio, almond), soy, gluten (wheat, barley), sulfites. May contain traces of sesame, peanuts and other nuts.**

Average net weight: 110 g

LEMON PIE

Ingredients: *pastry*, sugar, *butter*, pasteurized *egg white*, lemon puree, lime puree, pasteurized *egg yolk, crumble*, powdered sugar, agar-agar, beef gelatin powder

ADDITIVES: E322, E202, E330, E514, E304, E306

Allergens: **gluten (from wheat), milk, eggs, soy, nuts (almonds), sesame, peanuts**

Average net weight: 100 g

ELIOS (MANGO LEMON CAKE)

Ingredients: mango fila 20.4%, pasteurized sweetened exotic fruit puree, **white chocolate, sweet cream, milk 2.8%** milk fat, sugar, neutral glaze, **cocoa butter, Greek yogurt, glucose syrup, wheat flour, butter**, pasteurized sweetened lemon puree 1.8%, pasteurized **egg white**, pasteurized **egg yolk**, agar-agar, flower of salt, bovine gelatin, ground **almond**

ADITIVE: E160a, E202, E220, E300, E330, E331, E322, E407, E415

Allergens: **gluten (wheat), milk, eggs, sulfites, nuts (almonds). May contain traces of soy.**

Average net weight: 140 g

MARIGOLD CAKE

Ingredients: **white chocolate, sweet cream 35%** milk fat, **milk 2.8%** milk fat, passion fruit sauce, cocoa butter, **mascarpone 87%** milk fat, **pasteurized egg yolk, butter**, coconut flour, **waffles, almond paste**, sugar, mango filling, **pasteurized egg white**, mango puree

ADITIVE: E322, E407, E330, E202, E160c, E331, E300, E202, E160a, E415

Allergens: **milk, nuts, soy, eggs, gluten, gluten (wheat, barley)**

Average net weight: 150 g

SIDES AND SAUCES:

VEGETABLES FOR WOK

Ingredients: carrot (0.05 kg), *edamame* (0.02 kg), bell pepper (0.04 kg), broccoli (0.06 kg), zucchini (0.06 kg)

Allergens: **soy**

RICE

Ingredients: rice, sushi vinegar (sugar, alcohol vinegar, rice vinegar, sugar cane molasses)

PICKLED GINGER

Ingredients: **ginger, water**

ADDITIVES: E163, E202, E260, E330, E950, E951*, E954, E955

***Contains aspartame, a source of phenylalanine**

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

WAKAME SALAD

Ingredients: *wakame seaweed* (0.05 kg) (seaweed, sauce (corn syrup, black mushrooms, agar agar, *sesame* oil, sesame, sugar, vinegar, pepper, salt)), *sesame* mix (0.003 kg), cucumber (0.05 kg)

ADDITIVES: E406, E420, E102*, E133

***May have adverse effects on activity and attention in children**

Allergens: sesame

SWEET CHILI SAUCE

Ingredients: sugar, water, chili, vinegar, garlic, salt, modified corn starch

ADDITIVES: E415

SWEET N' SOUR SAUCE

Ingredients: water, sugar, vinegar, tomato puree, glucose-fructose syrup, spices (onion, ginger, bell pepper), salt, starch; may contain pineapple juice and chili

ADDITIVES: E202, E330, E415

Allergens: May contains traces of soy and mustard.

TERIYAKI SAUCE

Ingredients: water, *soy* sauce (water, *soy*, *wheat*, salt), sugar, high fructose syrup, alcohol, modified starch, salt

ADDITIVES: E150a, E415, E955

Allergens: soy, gluten (wheat)

TONKATSU SAUCE

Ingredients: water, high fructose corn syrup, alcohol vinegar, salt, tomato paste, sugar, modified corn starch, apple puree, spices, carrot, onion, traces of *soy*

ADDITIVES: E150a, E621

Allergens: soy

MAYO WASABI SAUCE

Ingredients: *mayonnaise* (*egg yolks*, *mustard*, sugar, salt, vinegar), rice vinegar, *wasabi* (horseradish, *mustard*, corn starch, Japanese horseradish)

ADDITIVES: E102*, E133, E200, E330, E300, E334

***May have adverse effects on activity and attention in children**

Allergens: mustard, eggs

MAYO SRIRACHA SAUCE

Ingredients: *mayonnaise* (*egg yolks*, *mustard*, sugar, salt, vinegar), sriracha (chili, garlic, sugar, salt, vinegar), *sesame* oil

ADDITIVES: E200, E202, E334, E415

Allergens: mustard, eggs, sesame

WASABI SAUCE

Ingredients: horseradish, *mustard*, corn starch, Japanese horseradish

ADDITIVES: E102*, E133, E300, E330

***May have adverse effects on activity and attention in children**

Allergens: mustard

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

SUSHI SELECTION:

MATSU (2x nigiri tuna, 2x nigiri salmon, 4x uramaki tuna, 4x uramaki salmon)

Ingredients: *tuna fillet* (0.09 kg), *salmon fillet* (0.08 kg), sushi rice (0.099 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.035 L), nori algae (0.0014 kg), *wasabi* (0.002 kg) (horseradish, *mustard*, corn starch, Japanese horseradish), *sesame*

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, sesame

NIGIRI (3x nigiri salmon, 3x nigiri tuna)

Ingredients: *tuna fillet* (0.08 kg), *salmon fillet* (0.065 kg), sushi rice (0.065 kg), pickled ginger (0.03 kg), *wasabi* (0.003 kg) (horseradish, *mustard*, corn starch, Japanese horseradish), rice vinegar (0.009 L)

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard

SALMON (4x nigiri salmon, 8x uramaki salmon)

Ingredients: *salmon fillet* (0.15 kg), sushi rice (0.099 kg), nori algae (0.0014 kg), pickled ginger (0.03 kg), *wasabi* (0.002 kg) (horseradish, *mustard*, corn starch, Japanese horseradish), rice vinegar (0.035 L), cucumber (0.03 kg), *sesame*

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, sesame

TUNA (4x nigiri tuna, 8x uramaki tuna)

Ingredients: *tuna fillet* (0.17 kg), sushi rice (0.099 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.035 L), nori algae (0.0014 kg), *wasabi* (0.002 kg) (horseradish, *mustard*, corn starch, Japanese horseradish), *sesame*

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, sesame

URAMAKI (8x):

URAMAKI BOSTON (8 x uramaki tuna)

Ingredients: *tuna fillet* (0.08 kg), sushi rice (0.059 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), *wasabi* (0.002 kg) (horseradish, *mustard*, corn starch, Japanese horseradish), *sesame*

ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

URAMAKI ALASKA (8x uramaki salmon)

Ingredients: *salmon fillet* (0.06 kg), sushi rice (0.059 kg), cucumber (0.03 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), *wasabi* (0.002 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), **sesame**

ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, sesame

URAMAKI VEGE (8x uramaki vege)

Ingredients: *tofu* (0.05 kg), avocado (0.05 kg), sushi rice (0.059 kg), pickled ginger (0.03 kg), rice vinegar (0.0177 L), nori seaweed (0.0014 kg), *wasabi* (0.002 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), **sesame**

ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: soy, mustard, sesame

URAMAKI HOTATE (8x uramaki scallop)

Ingredients: nori seaweed (0.0014 kg), sushi rice (0.1 kg), *scallop* (0.02 kg), mango (0.02 kg), *tobiko orange* (0.001 kg) (*roe*, invert sugar syrup, salt, rice vinegar, **soy** sauce (water, **soy**, **wheat**, salt)), fried **sesame mix** (0.003 kg), *wasabi* paste (0.003 kg) (horseradish powder, **mustard** powder, cornstarch, Japanese horseradish), pickled ginger (0.02 kg)

ADITIVI: E621, E110*, E202, E260, E951**, E954, E955, E163, E950, E330, E300, E102*, E133

***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**

Allergens: mollusks, fish products, soy, gluten (wheat), mustard, sesame

URAMAKI AGE EBI (8 x uramaki prawn)

Ingredients: *prawns* (0.04 kg), nori seaweed (0.0014 kg), *miso mayonnaise* (0.02 kg) (sunflower oil, water, **mustard** (water, **mustard**, vinegar, sugar, salt), **egg yolks**, sugar, iodized salt, vinegar, traces of **milk**, water, **soy**, rice), sushi rice (0.1 kg), *tobiko orange* (0.001 kg) (*roe*, invert sugar syrup, salt, rice vinegar, **soy** sauce (water, **soy**, **wheat**, salt)), toasted **sesame mix** (0.003 kg), *wasabi paste* (0.003 kg) (horseradish, **mustard**, cornstarch, wasabi), pickled ginger (0.02 kg), *tempura* (0.02 kg) (cornstarch, **wheat flour**, salt, white pepper), *panko* breadcrumbs (0.02 kg) (**wheat flour**, vegetable fat (palm oil, palm stearin), sugar, yeast, salt)

ADITIVI: E330, E300, E133, E102*, E334, E200, E202, E260, E951**, E954, E955, E163, E950, E450, E500, E341, E327, E621, E110*

***May have an adverse effect on children's activity and attention **Contains aspartame, a source of phenylalanine**

Allergens: crustaceans, mustard, eggs, sesame, fish product, gluten (wheat). May contain traces of milk.

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

SPICY TUNA

Ingredients: *tuna fillet* (0.1 kg), sushi rice (0.05 kg), rice vinegar (0.018 L), pickled ginger (0.03 kg), avocado (0.05 kg), cucumber (0.05 kg), nori seaweed (0.0014 kg), **wasabi** (0.003 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), **green tobiko (fish roe)**, sugar, salt, sweet sauce, rice, alcohol, **soy sauce (soy, wheat, salt)**, wasabi oil), sriracha (chili, garlic, sugar, salt, vinegar), **sesame**

ADDITIVES: E202, E260, E951**, E955, E950, E954, E163, E330, E300, E338, E621, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, fish product, soy, gluten (wheat)

SALMON TERIYAKI

Ingredients: *salmon fillet* (0.08 kg), sushi rice (0.05 kg), avocado (0.05 kg), rice vinegar (0.018 L), pickled ginger (0.03 kg), nori seaweed (0.0014 kg), **wasabi** (0.003 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), **green tobiko (fish roe)**, sugar, salt, sweet sauce, rice, alcohol, **soy sauce (soy, wheat, salt)**, wasabi oil), cucumber (0.05 kg), **teriyaki sauce** (0.002 L) (**soy sauce (soy, wheat, salt)**, sugar, high-fructose syrup, alcohol, modified starch, salt)

ADDITIVES: E300, E150a, E415, E955, E202, E260, E951**, E950, E954, E163, E338, E330, E621, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, fish product, soy, gluten (wheat)

NIGIRI:

NIGIRI TUNA (2 pieces)

Ingredients: *tuna fillet* (0.06 kg), sushi rice (0.02 kg), pickled ginger (0.03 kg), **wasabi** (0.003 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), rice vinegar (0.009 L)

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard

NIGIRI SALMON (2 pieces)

Ingredients: *salmon fillet* (0.05 kg), sushi rice (0.02 kg), pickled ginger (0.03 kg), **wasabi** (0.003 kg) (horseradish, **mustard**, corn starch, Japanese horseradish), rice vinegar (0.009 L)

ADDITIVES: E202, E330, E260, E951**, E955, E950, E954, E163, E300, E133, E102*

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**

CRISPY FUTOMAKI:

FUTOMAKI SALMON

Ingredients: *salmon* fillet (0.08 kg), sushi rice (0.07 kg), avocado (0.05 kg), cucumber (0.03 kg), nori seaweed (0.0021 kg), *wasabi* paste (0.005 kg) (horseradish, **mustard**, corn starch, wasabi), *teriyaki* sauce (0.005 kg) (*soy* sauce (*soy*, *wheat*, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), **panko crumbs** (0.05 kg) (*wheat flour*, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), **tempura mix** (0.03 kg) (corn starch, *wheat flour*, salt, pepper), *saiko miso* sauce (0.01 kg) (water, *soy*, rice, salt, sugar, mirin), sushi gari white (0.02 kg), *wasabi sesame* (0.001 kg)

ADDITIVES: E450, E500, E341, E327, E621, E330, E300, E102*, E133, E202, E260, E951**, E954, E955

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: fish, mustard, soy, gluten (wheat), sesame

FUTOMAKI LOBSTER

Ingredients: *lobster* meat (0.05 kg), sushi rice (0.07 kg), avocado (0.05 kg), cucumber (0.03 kg), nori seaweed (0.0021 kg), *wasabi* paste (0.005 kg) (horseradish, **mustard**, corn starch, wasabi), *teriyaki* sauce (0.005 kg) (*soy* sauce (*soy*, *wheat*, salt), sugar, high-fructose syrup, alcohol, modified starch, salt), **panko crumbs** (0.05 kg) (*wheat flour*, vegetable fat (palm oil, palm stearin), sugar, yeast, salt), **tempura mix** (0.03 kg) (corn starch, *wheat flour*, salt, pepper), *saiko miso* sauce (0.01 kg) (water, *soy*, rice, salt, sugar, mirin), sushi gari white (0.02 kg), *wasabi sesame* (0.001 kg)

ADDITIVES: E450, E500, E341, E327, E621, E330, E300, E102*, E133, E202, E260, E951**, E954, E955

***May have adverse effects on activity and attention in children **Contains aspartame, a source of phenylalanine**

Allergens: crustaceans, mustard, soy, gluten (wheat), sesame

Due to cross-contamination, all dishes may contain traces of **gluten, peanuts, soy and sesame**